

3 MORNING MUSTS FOR IMPACTING YOUR DAY

This guide is designed to help you intentionally structure your thoughts and prayers each morning. Feel free to customize it further based on your preferences and personal goals!



PRAYERS

Kids Prayers:

Child 1:

Quality you admire:

Improvement area:

Goal:

Child 2:

Quality you admire:

Improvement area:

Goal:

Spouse Prayers:

2-3 sentences of praise, goals and blessings.

Prayers for Myself:

2-3 sentences about personal development, goals and a blessing for the day.

Marriage Prayers:

2-3 sentences about the desired qualities, goals, and blessings for the marriage.





AFFIRMATIONS

Read aloud 20-25 affirmations that resonate with your personal goals and intentions.





AMBITIONS

List your dreams, objectives, trips and goals you aspire to achieve.





OBITUARY

A private reflection on your legacy and aspirations.

